



Educational Course Programme

This course is designed to give the learner an overview of why ERAS improves outcomes, the principles of implementation and the role of different stakeholders through the ERAS Pathway.

A Primer In ERAS® Chairperson: Kwang Yeong How (SIN)		
Time	Topic	Speaker
08:00 - 08:30	ERAS - Overview, Pathophysiology	Olle Ljungqvist (SWE)
08:30 – 09:00	ERAS and the Nurse, Preoperative Education & Preparation	Catherine Sinton (AU)
09:00 - 09:30	Medical Optimization, Pre-Habilitation and Carbohydrate Loading	Georgina Christelis (AU)
09:30 – 10:00	BREAK	
10:00 – 10:30	ERAS and the Surgeon –Surgery, Drains And Tubes	Kwang Yeong How (SIN)
10:30 – 11:00	ERAS and the Anaesthetist - Anaesthesia, Fluids, Analgesia	Vera Lim (SIN)
11:00 – 11:30	ERAS Audit, Impact on Healthcare Spending	Hans de Boer (NL)
11:30 – 12:00	ERAS Implementation	Kwang Yeong How (SIN)

**All Programming Subject to change*