



ANZCA
FPM

**ANAESTHESIA
AND CHILDREN**

PATIENT INFORMATION 2

Preparing for your child's anaesthesia

Your child's anaesthetist will meet you and your child before the procedure to get to know them; what's important to them; their current health; and anything else that may affect how they care for your child. You will be able to ask questions and talk about anything that concerns you about the anaesthetic or anything else related to the day of the procedure. The anaesthetist will discuss the anaesthesia and how you can best help in caring for your child, including pain relief after the procedure, and how to best care for them at home.

What questions will the anaesthetist ask me?

To reduce the risk of complications during anaesthesia, your anaesthetist will usually ask:

- When your child last had anything to eat or drink. It's important to have stopped as instructed.
- If your child has any current medical problems such as a cough, cold, or fever.
- If your child has any history of asthma, heart problems, loud snoring, anxiety or other medical problems.
- If your child is taking any any medications, supplements, or herbal preparations.
- If your child has any allergies to medicine.
- If your child has any loose teeth, dental braces, dental plates, or other orthodontic devices.
- Whether anyone in the immediate family smokes.
- Whether anyone in the family has had problems with anaesthesia.



As the leading authority on anaesthesia in Australia and New Zealand, ANZCA provides accessible, evidence-based information designed to help you make informed decisions. Scan the QR code to visit our website anzca.edu.au. This information is a guide only and should not replace information supplied by your anaesthetist.